

**Robert Ullman, N.D. and Judyth Reichenberg-Ullman, N.D., L.C.S.W.**

The Northwest Center for Homeopathic Medicine 131 3<sup>rd</sup> Ave, N. Edmonds, WA 98020

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#### DIRECTIONS TO OUR OFFICE:

Our address is 131 3<sup>rd</sup> Ave. North in Edmonds, WA. We are located at the corner of 3<sup>rd</sup> Avenue and Bell Street in downtown Edmonds. The office is twenty-five minutes north of downtown Seattle. Parking is available behind our office or on the street.

From the South- Take I-5 to the Edmonds/Kingston Ferry exit (# 177). Take Rt. 104 west to Edmonds. Follow the signs to the ferry. Stay in the left hand lane rather than the ferry lane. Pass the ferry on your left. Go one more block. Turn right onto Bell Street. Go two blocks to 3<sup>rd</sup> Avenue, North. We are on the corner of 3<sup>rd</sup> and Bell.

From the North- Exit I-5 at Lynnwood (exit 181). Go west on 196<sup>th</sup> St. (Rt. 524). 196<sup>th</sup> St becomes 3<sup>rd</sup> Ave. in Edmonds. We're on the corner of 3<sup>rd</sup> and Bell St.

From the Eastside- Take 405 North to I-5. Go south on I-5 to exit 181. Then follow directions above "from the north."

#### OUR FEES:

Homeopathic first visit: Adult \$600 Child \$500

Return visit \$130 Bowen treatment \$100

Fees for in-person and telephone appointments are the same. Patients pay phone charges. We do not charge for brief questions, but do charge for longer phone consultations or if we prescribe for you. We offer a 10% appointment discount for patients 65 years or older. We are a cash practice and do not contract with any insurance providers, but can provide a claim form for you to submit. A \$35 charge will be made for returned checks.

#### CANCELLATION POLICY:

First visits: We require payment of your first consultation at the time you schedule. If you need to cancel, and do so at least 48 hours before the appointment, you will receive a full refund minus a \$50 administrative fee.

Return visits: No charge for visits cancelled at least 48 hours in advance. Half-appointment charge for cancellations between 48 and 24 hours. Full charge for appointments cancelled less than 24 hours in advance.

#### OFFICE HOURS:

Our office staff is available Mon-Thurs. We have patient appointments Mon-Wed. Voice mail is available to leave messages 24 hours a day, seven days a week if our phone lines are busy. Voice mail is checked frequently and calls are returned as soon as possible

#### E-MAIL and FAX:

Office e-mail for appointments, billing, or other office business: [nchmclinic@gmail.com](mailto:nchmclinic@gmail.com).

The doctors' e-mail for treatment-related issues is [drreichenberg@gmail.com](mailto:drreichenberg@gmail.com) and [drbobullman@gmail.com](mailto:drbobullman@gmail.com).

FAX ALL forms to (866) 350-9829 for Dr. Reichenberg-Ullman and to (866) 206-6716.

#### TELEPHONE OR VIDEO CONSULTATIONS:

We conduct phone and video consultations just as we would an in-person consultation. All telephone appointments are scheduled Pacific Time. You will need to download Skype and sign up for a free Skype account if you wish to do video consultations. At the time of your scheduled appointment, please call us on our direct lines at the following numbers.

Each doctor has several phone consultation numbers, depending on the location that day. Our receptionists will tell you which number to call for the first appointment. For return visits, please make a note of the number given in your courtesy reminder call.

**To reach the office staff directly, please call (425) 774-5599**

#### EMERGENCY CALLS:

For life-threatening emergencies, call 911 or go to the nearest emergency room. If you have a problem requiring a call back the same day, please alert our receptionist. For after-hours emergencies, check our office voicemail for instructions. Unless otherwise instructed on the office voicemail, call Dr. Ullman's and Dr. Reichenberg-Ullman's cell phone at (425) 422-6984 or their home at (360) 221-7715. There is minimum charge of \$50 for beeper calls.

#### OUR BOOKS:

*The Patient's Guide to Homeopathic Medicine*  
*A Drug-Free Approach to Asperger Syndrome and Autism*  
*Rage-Free Kids*  
*Ritalin-Free Kids*  
*Prozac-Free*  
*Whole Woman Homeopathy*  
*Homeopathic Self-Care book and kit*  
*Mystics, Masters, Saints, and Sages: Stories of Enlightenment*

#### NUTRITIONAL SUPPLEMENTS:

We carry a full naturopathic pharmacy with a wide range of products for all types of conditions. Please ask our staff to send you a list of what is available.

#### ACUTE ILLNESSES AND FLU TREATMENT AND PREVENTION;

We strongly recommend that you purchase our *Homeopathic Self-Care* book and companion kit so that you can treat yourself and your family effectively for acute illnesses and first aid. They make it much easier for us to treat you effectively and economically after hours.

We carry several products that we have found to be extremely helpful for the flu. They are homeopathic *Influenzinum* and *Oscillocochinum*, *EHB*, *Infection? No Way!*, and *Immune-a-Day* and liquid *Echinacea-C* for children. Many of our patients use these preventively at the beginning of each flu season and at the onset of any flu symptoms. Antibiotics can usually be avoided. An excellent natural substitute for antibacterial sprays and ointments is *Calendula* cream, ointment or spray, which is made from the marigold plant. Please aware that homeopathy can be very useful for most acute illnesses if you call us early enough.

