

Welcome To Our Practice!

Directions to our clinics:

Edmonds office: We are located at the corner of 3rd Avenue and Bell Street in downtown Edmonds, twenty five minutes north of Seattle. Parking is available in the lot behind the clinic or on the street. From the South: Take I-5 to the Edmonds/Kingston Ferry exit (# 177). Take Rt. 104 west to Edmonds, then follow the signs to the ferry. Cross Main Street, continue one block, and turn right onto Bell Street. Go two blocks to 3rd and Bell. From the North: Exit I-5 at Lynnwood (exit 181). Go west on 196th St. (Rt. 524). It turns into 3rd Ave. in Edmonds. We're at 3rd and Bell. From the Eastside: Take 405 North to I-5. Go south on I-5 to exit 181. The follow directions above "from the north". By bus: Call Community Transit at 1 (800) 562-1375 for regular and express route information.

Langley (Whidbey Island) office: We are located at 919 3rd Street, Suite 102 in a green building at the edge of Langley heading towards Bayview. This island is accessible from the South by the Mukilteo-Clinton ferry, which runs every half hour. Our office is ten minutes from the Clinton ferry dock. From Seattle: Exit the ferry and head north on Route 525. Pass the intersection with Maxwellton Road. Turn right onto Coles Rd. Follow Doles Rd. until you come to a T. That's 3rd St. You will see a "Welcome to Langley" sign on the right. Turn right onto 3rd St. Make a quick right into the next driveway, which is our parking lot. Enter through the main door on the ground level. From Oak Harbor: Take Route 20 South to Route 525. Follow 525 and take a left onto Bayview, just past Whidbey Telephone. Continue on Bayview 4 miles. At the "Welcome to Langley" sign. Follow above directions.

Telephone consultations:

We conduct our phone consultations just as we would an in-person consultation. Patients pay long-distance charges. All telephone appointments are scheduled according to Pacific time. At the time of your scheduled phone consultation, please call us on our direct lines at the following numbers: On Tuesday and Wednesday, call Dr. Robert Ullman at (425) 775-4887 and Dr. Judyth Reichenberg-Ullman at (425) 775-1046. On Monday and Thursday, call Dr. Reichenberg-Ullman at (360) 221-8420 for and Dr. Ullman at (360) 221-8433. Our office hours are Monday 9-6, Tuesday 11-8, Wednesday 9-6, and

Thursday 9-1. The numbers above should be used ONLY at the time of your scheduled phone appointment. Otherwise, call our main number: (425) 774-5599.

Our fees:

Homeopathic first visit: Adult \$600 Child \$500

Return visit: \$100 Brief return visit: \$65 Bowen treatment: \$100

We ask that you prepay your first consultation at the time that you schedule. If you need to cancel your first visit with more than 48 hours notice, we will reimburse the full fee minus a \$25 administrative fee. Due to the number of patients waiting for appointments, if we do not receive the fee within two weeks after scheduling your first appointment, it will be cancelled without our calling you. Subsequent appointments must be paid for immediately after the visit as do any pharmacy items or books.

Return visits cancellation policy: no charge for visits cancelled at least 48 hours in advance. Half charge for cancellations between 48 and 24 hours. Full charge for appointments cancelled less than 24 hours in advance.

Phone and in-person visits are the same cost. Patients pay phone charges. We don't charge for brief questions, but do for longer phone consultations or if we prescribe for you. If you have a financial hardship, please let us know beforehand.

Our availability:

Office hours are Monday 9 to 6, Tuesday 11 to 8, Wednesday 9-6 , and Thursday from 9 to 1. Voice mail is available to leave messages 24 hours a day seven days a week. Our phones are very busy, so you may be asked to hold until our receptionist is free. If you leave a message, we try to answer calls promptly when we are in the office.

Emergency calls:

If you have a problem which requires a call back the same day, please tell our receptionist. For after hours emergencies, check our office voicemail for instructions. If we do not have an on-call doctor, you will be asked to call our cell phone at (425) 422-6984. If you haven't heard from us in 15 minutes, call our home at (360) 221-8420. If you still can't reach us, go to your local emergency room. We charge a minimum of \$50 for beeper calls.

How to Make the Most of Your Care:

We have written a number of books that you may find very helpful. They are:

The Patient's Guide to Homeopathic Medicine: You will receive a complimentary copy on scheduling your first appointment. Please read it before that time.

Ritalin-Free Kids: if we are treating your child for behavioral and learning problems

Rage-Free Kids: if we are treating your child for anger or aggression

Prozac-Free: if we are treating you for mental or emotional problems

Two of our books are excellent for self-care at home:

Homeopathic Self-Care: The Quick and Easy Guide for the Whole Family- If we are treating you or your children, this book and companion kit will help us treat you at a distance for acute illnesses. It is like having us around the corner to help you. We also recommend EHB or Children's Echinacea-C to take at the first sign of a cold or flu.

Whole Woman Homeopathy: The easiest and most comprehensive book on homeopathy for women. For self-treatment and chronic problems. Comes with an optional women's kit.

A Few Other Suggestions to Help Us Help You:

- Homeopathic treatment is a process. Although you will often notice a response within weeks, healing takes time. Please plan on our treating you or your child for at least two years. We are very dedicated to making your treatment a success.
- Make sure you can give us your full attention during your appointments. If we are treating your child, he or she needs to be present at each appointment. We usually talk with the parents first, then with the child. If at all possible, we encourage both parents to participate in the first office or telephone consultation. If you have other small children who need your attention, please try to arrange childcare.
- Our practice is busy and you are very important to us. Do not hesitate to call our office about any questions or problems so that your needs may be met promptly.

In health,

Judyth Reichenberg-Ullman, N.D. and Robert Ullman, N.D.